Infant Safe Sleep Chart

Please use this form in acccordance with NC Licensing Rule 10A NCAC 09 .0606

This form should remain on file for a minimum of one month.

Program Name _____ **Primary Caregiver:** _____

Child's Name: _____ **Birth date/Age:** _____ **Week of:** _____

Can roll over/cannot roll over **No Waiver/Waiver in File** **Physician Waiver/Parent Waiver**

Monday			Tuesday			Wednesday			Thursday			Friday			Comments
Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	
6:00am		T B Si	6:00am		T B Si	6:00am		T B Si	6:00am		T B Si	6:00am		T B Si	
6:15am		T B Si	6:15am		T B Si	6:15am		T B Si	6:15am		T B Si	6:15am		T B Si	
6:30am		T B Si	6:30am		T B Si	6:30am		T B Si	6:30am		T B Si	6:30am		T B Si	
6:45am		T B Si	6:45am		T B Si	6:45am		T B Si	6:45am		T B Si	6:45am		T B Si	
7:00am		T B Si	7:00am		T B Si	7:00am		T B Si	7:00am		T B Si	7:00am		T B Si	
7:15am		T B Si	7:15am		T B Si	7:15am		T B Si	7:15am		T B Si	7:15am		T B Si	`
7:30am		T B Si	7:30am		T B Si	7:30am		T B Si	7:30am		T B Si	7:30am		T B Si	
7:45am		T B Si	7:45am		T B Si	7:45am		T B Si	7:45am		T B Si	7:45am		T B Si	
8:00am		T B Si	8:00am		T B Si	8:00am		T B Si	8:00am		T B Si	8:00am		T B Si	
8:15am		T B Si	8:15am		T B Si	8:15am		T B Si	8:15am		T B Si	8:15am		T B Si	
8:30am		T B Si	8:30am		T B Si	8:30am		T B Si	8:30am		T B Si	8:30am		T B Si	
8:45am		T B Si	8:45am		T B Si	8:45am		T B Si	8:45am		T B Si	8:45am		T B Si	
9:00am		T B Si	9:00am		T B Si	9:00am		T B Si	9:00am		T B Si	9:00am		T B Si	
9:15am		T B Si	9:15am		T B Si	9:15am		T B Si	9:15am		T B Si	9:15am		T B Si	
9:30am		T B Si	9:30am		T B Si	9:30am		T B Si	9:30am		T B Si	9:30am		T B Si	
9:45am		T B Si	9:45am		T B Si	9:45am		T B Si	9:45am		T B Si	9:45am		T B Si	
10:00am		T B Si	10:00am		T B Si	10:00am		T B Si	10:00am		T B Si	10:00am		T B Si	
10:15am		T B Si	10:15am		T B Si	10:15am		T B Si	10:15am		T B Si	10:15am		T B Si	

T=Tummy B=Back Si=Side

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Source: Anitra Konik Grove,
Infant-Toddler Enhancement Project
919.779.2220
8/25/05

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Can roll over/cannot roll over No Waiver/Waiver in File Physician Waiver/Parent Waiver

Monday			Tuesday			Wednesday			Thursday			Friday			Comments
Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	
10:30am		T B Si	10:30am		T B Si	10:30am		T B Si	10:30am		T B Si	10:30am		T B Si	
10:45am		T B Si	10:45am		T B Si	10:45am		T B Si	10:45am		T B Si	10:45am		T B Si	
11:00am		T B Si	11:00am		T B Si	11:00am		T B Si	11:00am		T B Si	11:00am		T B Si	
11:15am		T B Si	11:15am		T B Si	11:15am		T B Si	11:15am		T B Si	11:15am		T B Si	
11:30am		T B Si	11:30am		T B Si	11:30am		T B Si	11:30am		T B Si	11:30am		T B Si	
11:45am		T B Si	11:45am		T B Si	11:45am		T B Si	11:45am		T B Si	11:45am		T B Si	
12:00pm		T B Si	12:00pm		T B Si	12:00pm		T B Si	12:00pm		T B Si	12:00pm		T B Si	
12:15pm		T B Si	12:15pm		T B Si	12:15pm		T B Si	12:15pm		T B Si	12:15pm		T B Si	
12:30pm		T B Si	12:30pm		T B Si	12:30pm		T B Si	12:30pm		T B Si	12:30pm		T B Si	
12:45pm		T B Si	12:45pm		T B Si	12:45pm		T B Si	12:45pm		T B Si	12:45pm		T B Si	
1:00pm		T B Si	1:00pm		T B Si	1:00pm		T B Si	1:00pm		T B Si	1:00pm		T B Si	
1:15pm		T B Si	1:15pm		T B Si	1:15pm		T B Si	1:15pm		T B Si	1:15pm		T B Si	
1:30pm		T B Si	1:30pm		T B Si	1:30pm		T B Si	1:30pm		T B Si	1:30pm		T B Si	
1:45pm		T B Si	1:45pm		T B Si	1:45pm		T B Si	1:45pm		T B Si	1:45pm		T B Si	
2:00pm		T B Si	2:00pm		T B Si	2:00pm		T B Si	2:00pm		T B Si	2:00pm		T B Si	
2:15pm		T B Si	2:15pm		T B Si	2:15pm		T B Si	2:15pm		T B Si	2:15pm		T B Si	
2:30pm		T B Si	2:30pm		T B Si	2:30pm		T B Si	2:30pm		T B Si	2:30pm		T B Si	
2:45pm		T B Si	2:45pm		T B Si	2:45pm		T B Si	2:45pm		T B Si	2:45pm		T B Si	
3:00pm		T B Si	3:00pm		T B Si	3:00pm		T B Si	3:00pm		T B Si	3:00pm		T B Si	
3:15pm		T B Si	3:15pm		T B Si	3:15pm		T B Si	3:15pm		T B Si	3:15pm		T B Si	

T=Tummy B=Back Si=Side

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Monday			Tuesday			Wednesday			Thursday			Friday			Comments
Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	Time	Initials	Sleep Position	
3:30pm		T B Si	3:30pm		T B Si	3:30pm		T B Si	3:30pm		T B Si	3:30pm		T B Si	
3:45pm		T B Si	3:45pm		T B Si	3:45pm		T B Si	3:45pm		T B Si	3:45pm		T B Si	
4:00pm		T B Si	4:00pm		T B Si	4:00pm		T B Si	4:00pm		T B Si	4:00pm		T B Si	
4:15pm		T B Si	4:15pm		T B Si	4:15pm		T B Si	4:15pm		T B Si	4:15pm		T B Si	
4:30pm		T B Si	4:30pm		T B Si	4:30pm		T B Si	4:30pm		T B Si	4:30pm		T B Si	
4:45pm		T B Si	4:45pm		T B Si	4:45pm		T B Si	4:45pm		T B Si	4:45pm		T B Si	
5:00pm		T B Si	5:00pm		T B Si	5:00pm		T B Si	5:00pm		T B Si	5:00pm		T B Si	
5:15pm		T B Si	5:15pm		T B Si	5:15pm		T B Si	5:15pm		T B Si	5:15pm		T B Si	
5:30pm		T B Si	5:30pm		T B Si	5:30pm		T B Si	5:30pm		T B Si	5:30pm		T B Si	
5:45pm		T B Si	5:45pm		T B Si	5:45pm		T B Si	5:45pm		T B Si	5:45pm		T B Si	
6:00pm		T B Si	6:00pm		T B Si	6:00pm		T B Si	6:00pm		T B Si	6:00pm		T B Si	

T=Tummy B=Back Si=Side

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