UNIVERSAL PRECAUTIONS

TO PREVENT TRANSMISSION OF BLOOD-BORNE DISEASES

Adapted for Child Care Settings

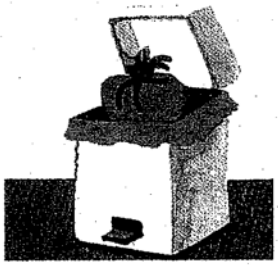
Cover cuts or scratches with a bandage until healed.

Use disposable absorbent material like paper towels to stop bleeding.

Wash your hands for 30 seconds after contact with blood and other body fluids contaminated with blood.

Wear disposable latex gloves when you encounter large amounts of blood, especially if you have open cuts or chapped skin. Wash your hands as soon as you remove your gloves.

Immediately clean up blood-soiled surfaces **and disinfect** with a fresh solution of one part bleach and nine parts water.



Discard blood-stained material in a sealed plastic bag and place in a lined, covered garbage container.

Put blood-stained laundry in sealed plastic bags. Machine-wash separately in hot soapy water.

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NEVER DELAY EMERGENCY ACTION BECAUSE YOU CAN'T APPLY UNIVERSAL PRECAUTIONS. THE RISK OF TRANSMISSION OF BLOOD-BORNE DISEASES IS TOO SMALL TO JUSTIFY ENDANGERING A CHILD.

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